

Trainee & Program Details

Training Program

Paediatric Rehabilitation Medicine 2026

Training Program Phase *

Specialty Foundation

Date of Observation *

2/02/2026

Observation Capture Details

Observation Capture Type *

Practical and procedural skills

Summary of Activity *

Performed botulinum toxin injections for spasticity management in a child with cerebral palsy under supervision. Before the procedure, I reviewed the treatment plan, confirmed consent, and prepared the sterile setup. During the injections, I identified target muscles using ultrasound guidance, maintained aseptic technique, and explained each step to the family. I worked closely with nursing staff for positioning and with the physiotherapist to confirm post-injection goals and therapy plans. After completing the injections, I checked for complications, provided clear aftercare instructions, and documented the procedure and follow-up plan.

Complexity *

2 - Medium

Primary Learning Goal

10. Procedures

Learning Goal Components

Select the learning goal components observed during the Observation Capture.

Name	Observed	
select patient appropriate procedures in partnership with patients, their families, whānau, and/or carers	Yes	No
obtain informed consent	Yes	No
set up the equipment, maintaining an aseptic field where appropriate	Yes	No
perform procedures, including appropriate analgesia and sedation	Yes	No
manage unexpected events and complications during and after procedures	Yes	No
provide aftercare for patients	Yes	No
communicate aftercare protocols and instructions to patients and medical and nursing staff	Yes	No
interpret the results and outcomes of procedures, including imaging and reports	Yes	No
communicate the outcome of procedures and associated investigations to patients	Yes	No

Trainee Reflection

The below section is to be filled in by the Trainee

What did you do well? *

I demonstrated strong preparation by reviewing the patient's history and treatment plan, ensuring all equipment was ready and safety protocols were followed. I maintained aseptic technique throughout and used ultrasound confidently to identify target muscles and guide injections accurately. I communicated clearly and empathetically with the family, explaining the procedure and addressing questions, and collaborated effectively with the multidisciplinary team. I also monitored the patient closely post-procedure and documented the intervention promptly.

What could you improve next time? *

While the procedure went smoothly, I could further refine my efficiency by streamlining equipment setup and improving time management. I also aim to enhance my anticipatory planning for potential complications and continue building confidence in independent decision-making for muscle selection in complex cases.

Assessor Feedback

The below section is to be filled in by the Assessor

How much supervision did the trainee require during this activity?

4 – Able to act with supervision at a distance

What did the trainee do well? *

Demonstrated excellent preparation, strong technical skills, and effective use of ultrasound guidance. Communication with the family was clear and reassuring, and collaboration with the team was seamless. The procedure was performed safely and efficiently, with appropriate monitoring and documentation.

What could the trainee improve upon to improve their performance? *

Continue refining efficiency by streamlining equipment setup and anticipating steps to reduce downtime during the procedure. Continue refining ultrasound technique for quicker target acquisition and enhance communication by summarising the dosing rationale and expected outcomes to the family and team. Building confidence in independent decision-making and contingency planning for complications will support progression toward autonomous practice.