



## Trainee & Program Details

### Training Program

Advanced Training in Sexual Health Medicine

### Training Program Phase \*

Specialty foundation

### Date of Observation \*

25/07/2025

## Observation Capture Details

### Observation Capture Type \*

Patient case management

### Summary of Activity \*

Seb conducted a consultation with a 28-year-old patient recently diagnosed with chlamydia. He explained the diagnosis, treatment options, and partner notification process using patient-centred language and clear explanations. The trainee verified the patient's understanding, discussed confidentiality, and negotiated a mutually agreed treatment and follow-up plan.

### Complexity \*

2 - Medium

### Primary Learning Goal \*

Communication with patients

## Learning Goal Components

Select the learning goal components observed during the Observation Capture.

Name	Observed	
Select suitable contexts, and include family and/or carers and other team members	Yes	No
Adopt a patient-centred perspective, including adjusting for cognition and disabilities	Yes	No
Select and use appropriate modalities and communication strategies	Yes	No
Structure conversations intentionally	Yes	No
Negotiate mutually agreed management plans	Yes	No
Verify patient, family or carer understanding of information conveyed	Yes	No
Develop and implement plans to ensure actions occur	Yes	No
Ensure conversations are documented	Yes	No

## Trainee Reflection

The below section is to be filled in by the Trainee

### What did you do well? \*

I created a safe and non-judgemental space for the patient to discuss their concerns. I explained the diagnosis clearly, provided reassurance, and used plain language throughout. I confirmed the patient's understanding and documented the key points in the clinical record.

### What could you improve next time? \*

Next time, I could more explicitly check whether the patient had any remaining questions or required additional support with partner notification. I will also ensure that written information or resources are provided to reinforce verbal discussions and support patient recall.

## Assessor Feedback

The below section is to be filled in by the Assessor

### How much supervision did the trainee require during this activity?

4 – I would trust them to do this with indirect supervision

### What did the trainee do well? \*

The trainee communicated the diagnosis clearly and sensitively, using patient-centred language throughout. They demonstrated empathy, maintained confidentiality, and responded effectively to the patient's verbal and non-verbal cues. A mutually agreed management plan was developed collaboratively with the patient.

### What could the trainee improve upon to improve their performance? \*

Encouraging the patient to ask questions earlier in the consultation could further enhance shared decision-making. Providing written or online resources would also help reinforce understanding and support adherence to the agreed management plan.