



Trainee & Program Details

Training Program

Neurology Advanced Training 2026

Training Program Phase *

Specialty Foundation Phase

Date of Learning*

15/03/2026

Learning Capture Details

Type of Learning *

Clinical experiences

Title*

Acute management and transition planning in ischemic stroke

Select the primary learning goal *

6: Management of transition in care

Learning Capture Details

Description of Activity *

During a ward round in the Stroke Unit, I reviewed a 72-year-old patient admitted with an acute ischemic stroke. The Patient had received thrombolysis and was now clinically stable. I participated in discussions regarding secondary prevention strategies, including antiplatelet therapy and blood pressure control, and contributed to planning for transition to inpatient rehabilitation. I also attended a multidisciplinary meeting where physiotherapy, occupational therapy and speech pathology goals were outlined, and discharge planning was initiated.

What did you learn? *

I gained practical experience in coordinating care across the acute and rehabilitation phases of stroke management. I learned to identify key priorities for secondary prevention, assess functional recovery and communicate effectively with allied health professionals. This activity reinforced the importance of early rehabilitation planning and patient-centred discussions about prognosis and goals of care.

How will you apply this learning in the future? *

I will apply this learning by proactively initiating rehabilitation referrals during the acute phase of stroke care and ensuring timely communication with the multidisciplinary team. I will incorporate evidence-based secondary prevention strategies into my practice and use structured discharge planning tools to optimise continuity of care. Additionally, I will mentor junior colleagues on best practices for transitions in care for stroke patients.

Assessor Feedback (optional)

Feedback From *

Dr Patrick Brewer

Assessor Role *

Consultant Neurologist, Department of Neurology

Personal Message

Dear Dr Brewer, I've uploaded my feedback on my involvement in the stroke case review and transition planning.

Feedback Requested Date

18/03/2026

Feedback *

Alexis demonstrated clear clinical reasoning during the case discussion and communicated effectively with the multidisciplinary team. Your contributions to discharge planning and secondary prevention strategies were well considered and evidence-based. You showed confidence in applying current guidelines for thrombolysis and secondary prevention, and your ability to anticipate rehabilitation needs was commendable.

For future improvement, consider documenting a structured checklist for stroke transitions to ensure all rehabilitation and follow-up elements are consistently addressed. Additionally, continue to refine your communication with patients and families around prognosis and goals of care, as this is a critical skill in neurology practice.

Excellent work overall – you are progressing well in your core training phase. Your proactively approach and engagement with allied health colleagues reflect strong leadership potential. Keep building on these as you move towards independent practice.