



Trainee & Program Details

Training Program

Adolescent and Young Adult Medicine 2026

Training Program Phase *

Specialty foundation

Date of Observation *

04/04/2026

Observation Capture Details

Observation Capture Type *

Patient case management

Summary of Activity *

Liam conducted an outpatient consultation with a 16-year-old patient referred from their LMO with symptoms of chronic fatigue, sleep disturbance, pain and reduced school and sport attendance. The patient was accompanied by their parent. Liam began by establishing rapport with the young person, then clearly explained the purpose of the consultation. He facilitated a developmentally appropriate conversation, enabling an independent and confidential assessment of the patient as well as negotiating consent for shared discussions with the parent. He used clear, non-judgmental language to explore the patient and parent's concerns and collaboratively developed an assessment and management plan including appropriate investigations and follow-up support from school and allied health services.

Complexity *

3 - High

Primary Learning Goal *

Communication with patients

Learning Goal Components

Select the learning goal components observed during the Observation Capture.

Name	Observed	
select suitable contexts, and include family and/or carers and other team members	Yes	No
adopt a patient-centered perspective, including adjusting for cognition and disabilities	Yes	No
select and use appropriate modalities and communication strategies	Yes	No
structure conversations intentionally	Yes	No
negotiate mutually agreed management plans	Yes	No
verify patient, family, or carer understanding of information conveyed	Yes	No
develop and implement plans for ensuring actions occur	Yes	No
ensure conversations are documented	Yes	No

Trainee Reflection

The below section is to be filled in by the Trainee

What did you do well? *

I took the time to build trust with the patient and adapted my communication style to be youth-friendly and respectful. I asked for their preferences around parental involvement and made sure they felt heard. I also used open-ended questions to explore their underlying understanding of their presenting symptoms, and we came to a shared plan for management that they felt comfortable with.

What could you improve next time? *

I think I could have done a better job summarising the key points at the end of the session, particularly for the parent. I'll also aim to more clearly outline the next steps and ensure I follow up with written documentation that can be shared with the GP and/or allied health worker and the school welfare officer.

Assessor Feedback

The below section is to be filled in by the Assessor

How much supervision did the trainee require during this activity?

4 – I needed to be available to contact just in case (supervision at a distance)

What did the trainee do well? *

Liam demonstrated excellent communication skills with both the patient and their parent. He created a safe, inclusive environment that empowered the adolescent to speak openly. His ability to navigate the balance between confidentiality and family involvement was particularly commendable. He used appropriate language and structured the conversation clearly.

What could the trainee improve upon to improve their performance? *

Liam would benefit from developing stronger summarising and signposting skills at the end of consultations. This will help reinforce shared understanding and ensure both the patient and family are clear on the agreed actions. Timely documentation of these conversations together with providing written correspondence to care team members will also be an important skill to consolidate.