RACP Specialists. Together
EDUCATE ADVOCATE INNOVATE

Adolescent and Young Adult Medicine at-a-glance

NEW CURRICULA

About the specialty

An adolescent and young adult medicine specialist provides holistic, strengths-based care for young people aged 10–24 years with complex physical, psychological and social health needs.

Holistic assessment
Assessing complex health concerns by considering biological, psychological, social and environmental factors.

Complex care
Managing complex physical, mental health and psychosocial conditions across a range of healthcare settings.

Advocacy & transition
Supporting healthcare transitions while advocating for equitable, inclusive care for young people.

ENTRY REQUIREMENTS

Completion of RACP Basic Training, including the Written and Clinical Examinations, general medical registration, and appointed to an appropriate Advanced Training position.

KEY RESOURCES

- **What you'll need to learn:** Curriculum standards
- **How you'll learn and demonstrate achievement of the standards:** Learning, teaching and assessment program (LTA)
- **Where you can train:** Accredited settings
- **What resources are available:** RACP Online Learning resources
- **Adolescent & Young Adult specific resources:** Specialty-specific resources
- **Access to the TMP:** Training Management Platform

Your training experience

36 **months** minimum full time

3 **phases** of training

16 **learning** goals

LEARNING GOALS

BE	1. Professional behaviours
DO	2. Team leadership 3. Supervision and teaching 4. Quality improvement 5. Clinical assessment and management 6. Management of transitions in care 7. Longitudinal care 8. Communication with patients 9. Prescribing 10. Clinic management
KNOW	11. Foundations of adolescent and young adult medicine 12. Physical conditions 13. Psychological and behavioural health 14. Gender, sexual, and reproductive health 15. Alcohol and other substance use 16. Nutrition and disordered eating

For full details, view the curriculum standards and LTA programs

Assessment & outcomes

PER PHASE – what you need to compete

1 PER ROTATION	**Rotation plan** Set learning goals with your supervisor
12 PER PHASE	**Learning captures** Reflect on a learning encounter
12 PER PHASE	**Observation captures** Be observed performing a work-based activity
4 PER PHASE	**Progress reports** Self-rate & be assessed against all learning goals

OVER THE COURSE OF TRAINING

- ✓ 1 logbook
- ✓ 1 research project
- ✓ Developmental & psychosocial training
- ✓ Learning courses

PROGRESSION

At the end of each phase, the Progress Review Panel makes a decision based on evidence of competence, completion of requirements, and your Rotation Supervisor's recommendation.

QUALIFICATION

Letter of completion (RACP)
Advanced Training — Adolescent & Young Adult Medicine

Contact AdolescentMed@racp.edu.au for more information