



Trainee & Program Details

Training Program

Palliative Medicine– Advanced Training

Training Program Phase *

Specialty Foundation Phase

Date of Learning*

12/08/2026

Learning Capture Details

Type of Learning *

Readings and resources

Title*

Cultural Considerations - Providing end-of-life care for Aboriginal peoples and Torres Strait Islander peoples

Select the primary learning goal *

20: Comprehensive End-of-life care

Learning Capture Details

Description of Activity *

I recently read the IPEPA (Indigenous program of Experience in the Palliative Approach) Cultural Considerations resource. This resource is designed to enable healthcare providers to provide the best cultural care for the end-of-life journey for Aboriginal peoples and Torres Strait Islander peoples. Areas of competency covered include, reflection of the differences between people and cultures, power imbalances, behaviours, kinship responsibilities, context and important elements of communication including unspoken communication, communication styles, and terminology. Language and communication around Dying and Death as well as the administrative and cultural and clinical content is also covered.

What did you learn?

I learned about how differently Aboriginal peoples and Torres Strait Islander peoples may communicate about dying and death. The terminology such as 'Finishing up' and 'Bad/Sad News' for example are words that I haven't been exposed to in this context previously. I also learnt new things about Kinship classifications and their importance in and basis for all social interactions. A big learning for me in reading this resource is reflecting on my level of preparation on knowledge on the cultural significance of Aboriginal peoples and Torres Strait Islander peoples in providing end-of-life-care. I have a lot more work to do in understanding the appropriate cultural context and care.

How will you apply this learning in the future?

In the future I will continue to learn and grow my knowledge and competencies in this space. I want to complete further education with the Indigenous Program of Experience in the Palliative Approach and be conscious and careful in how I provide end-of-life care for Aboriginal peoples and Torres Strait Islander peoples. In the immediate future I will be focusing on my non-verbal communication and use of terminology moving forward. I can see how this resource will help meet some the key elements of my learning goals including the Psychosocial and spiritual considerations.

Assessor Feedback (optional)

Feedback From *

Dr Sarah Chu

Assessor Role *

Rotation Supervisor

Personal Message

Hi Sarah, Can you please review my Learning Capture on my recent reading of the 'Cultural Considerations- Providing end-of-life care for Aboriginal peoples and Torres Strait Islander peoples' resource and my reflections on my learning.
Thanks

Feedback Requested Date

12/08/2026

Feedback *

I have reviewed Claire's recent LC on the IPEPA resource and her reflections. Claire has recently expressed interest in furthering her understanding of the Cultural considerations of the Aboriginal peoples and Torres Strait Islander peoples in death and dying. She has been working on her communication skills including non-verbal communication with patients and their families and this resource will go towards her continued learning in this area. I appreciate Claire's personal insights and reflection acknowledging her need to upskill in this area.