



Trainee & Program Details

Training Program
Endocrinology (PCH) 2026

Training Program Phase *
Specialty Foundation

Date of Learning*
18/05/2026

Learning Capture Details

Type of Learning *
Clinical experiences

Title*
Assessment and Management of a Patient with Suspected Adrenal Crisis

Select the primary learning goal *
5 – Clinical assessment and management

Learning Capture Details

Description of Activity *
I assessed a patient presenting with features suggestive of adrenal crisis. I took a focused history from both the patient and their parent(s)/carer to understand the onset and severity of symptoms. I reviewed prior medical records to identify any background endocrine conditions. I then performed a targeted examination to assess volume status and clinical stability. Finally, I discussed my findings, differential diagnosis, and immediate management plan with the senior clinician and MDT.

What did you learn? *
I learned how to identify key signs and symptoms that indicate an acute endocrine emergency. I gained confidence in synthesising history, examination findings, and investigations to form an accurate differential diagnosis. I recognised the importance of timely intervention in adrenal crisis. I improved my skills in presenting clinical assessments clearly to senior colleagues. I also learned how to involve patients and families effectively in urgent care discussions.

How will you apply this learning in the future? *
I will use a structured approach to assessing patients with potential endocrine emergencies. I will act promptly when recognising patterns consistent with adrenal crisis or similar conditions. I will communicate my clinical reasoning more clearly to both the MDT and the patient. I will ensure I review relevant past medical information early in the assessment process. I will continue to develop confidence in managing acute endocrine presentations during future AM takes.

Assessor Feedback (optional)

Feedback From *
Dr Taemin

Assessor Role *
Supervisor

Personal Message
Dear Dr Taemin, could you please provide feedback on my learning capture related to Clinical assessment and management?

Feedback Requested Date
18/05/2026

Feedback *
You've presented a clear and structured assessment of a patient with suspected adrenal crisis. You demonstrated good clinical reasoning and appropriately sought senior input. Your communication with both the MDT and the patient was effective for your stage of training. In addition, you showed an increasing awareness of the urgency of endocrine emergencies. I encourage you to continue developing confidence in acute endocrine assessment and management.