



## Trainee & Program Details

**Training Program**  
Endocrinology (Adult) 2026

**Training Program Phase \***  
Specialty Foundation

**Date of Learning\***  
18/05/2026

## Learning Capture Details

**Type of Learning \***  
Clinical experiences

**Title\***  
Performing and managing endocrine-related procedures

**Select the primary learning goal \***  
11 – Procedures

## Learning Capture Details

**Description of Activity \***  
I observed and assisted in performing a fine-needle aspiration of a thyroid nodule under ultrasound guidance. The process involved planning the procedure with the supervising clinician, obtaining informed consent from the patient, and preparing the equipment while maintaining an aseptic field. I participated in the aspiration itself and supported the management of minor challenges during the procedure. After completion, I helped provide aftercare instructions and discussed the expected outcomes with the patient.

**What did you learn? \***  
I learned how to select an appropriate procedure in collaboration with the patient and supervising team, and the importance of clear communication when explaining risks and benefits during consent. I gained practical experience in maintaining aseptic technique and managing unexpected events during the procedure. I also developed skills in interpreting immediate outcomes and ensuring that aftercare instructions were communicated effectively to the patient and nursing staff.

**How will you apply this learning in the future? \***  
I will apply this learning by confidently planning and performing endocrine procedures with a strong focus on patient safety and informed decision-making. This experience will help me manage complications effectively and provide comprehensive aftercare instructions. It will also support my ability to integrate procedural skills into multidisciplinary care across different clinical settings.

## Assessor Feedback (optional)

**Feedback From \***  
Dr Taemin

**Assessor Role \***  
Supervisor

**Personal Message**  
Dear Dr Taemin, could you please provide feedback on my learning capture related to performing and managing endocrine-related procedures.

**Feedback Requested Date**  
18/05/2026

**Feedback \***  
You engaged well in the procedure and demonstrated a solid understanding of the steps involved. Your focus on informed consent and aseptic technique was evident and well executed. You managed unexpected events calmly, showing good clinical judgment. Continue refining your ultrasound-guided technique for greater precision. Seek opportunities to lead similar procedures under supervision to build confidence. Overall, excellent progress and readiness for more advanced tasks.