

Trainee & Program Details

Training Program

Rehabilitation Medicine (AIM) 2025

Training Program Phase *

Specialty consolidation

Date of Observation *

08/08/2025

Observation Capture Details

Observation Capture Type *

Quality and safety management or review

Summary of Activity *

I identified variability in how spasticity assessments were documented for stroke patients and proposed introducing a standardised tool as part of a unit-wide quality improvement initiative. I presented the idea to the team, explained it's relevance to patient care and safety and aimed to improve consistency and clarity in clinical documentation across the service.

Complexity *

2 - Medium

Primary Learning Goal *

Quality improvement

Learning Goal Components

Select the learning goal components observed during the Observation Capture.

| Name | Observed | |
|--|----------|----|
| identify, mitigate, and report actual and potential (near miss) errors | Yes | No |
| conduct system improvement activities | Yes | No |
| adhere to best practice guidelines | Yes | No |
| audit clinical guidelines and outcomes | Yes | No |
| contribute to the development of policies and protocols designed to protect patients and enhance health care | Yes | No |
| monitor one's own practice and develop individual improvement plans | Yes | No |

Trainee Reflection

The below section is to be filled in by the Trainee

What did you do well? *

I noticed a gap in how we document spasticity assessments and proposed a practical solution that could improve consistency and patient care. I felt confident raising this with the team and explaining why a standardised tool would help us align with best practice. It was rewarding to contribute something that could make a meaningful difference to our workflow.

What could you improve next time? *

I'd like to focus more on how we can evaluate the impact of the change. Next time, I'll think through what success would look like and how we can measure whether the intervention actually leads to better documentation and outcomes. Having an evaluation plan will help close the loop on quality improvement.

Assessor Feedback

The below section is to be filled in by the Assessor

How much supervision did the trainee require during this activity?

4 – I needed to be available to contact just in case (supervision at a distance)

What did the trainee do well?

Sofia clearly identified a quality issue that proposed a relevant, practical solution aimed at improving documentation consistency. She communicated her proposal confidently to the team and demonstrated insight into system-level improvement opportunities. This reflects strong engagement with quality and safety processes and a collaborative approach to improving care standards.

What could the trainee improve upon to improve their performance?

To strengthen her contribution further, Sofia should define how the success of the quality improvement initiative will be measured and develop an evaluation plan. Clarifying process and outcomes measures would allow the team to assess the tool's effectiveness over time. Building these elements into future initiatives will enhance her capability in quality improvement methodology.