

Trainee & Program Details

Training Program
Geriatric Medicine (AIM) 2025

Training Program Phase *
Specialty foundation

Date of Observation *
29/06/2025

Observation Capture Details

Observation Capture Type *
Interactions with patient, family and/or whānau

Summary of Activity *
Aisha facilitated a family meeting for a patient with advanced dementia and recurrent aspiration pneumonia to clarify goals of care and initiate an end-of-life discussion. She aimed to support the family in understanding the patient's prognosis and to guide shared decision making around future treatment options. The meeting required empathy, professionalism and the ability to manage strong emotions in a sensitive manner.

Complexity *
3 - High

Primary Learning Goal *
Complex family meetings

Learning Goal Components

Select the learning goal components observed during the Observation Capture.

Name	Observed	
organise, prepare for, and lead meetings with patients, families, carers and/or the multidisciplinary team	Yes	No
facilitate and guide discussion, encouraging participation from patients, and integrating information from the multidisciplinary team to outline care considerations and identify shared goals	Yes	No
draw attention to identified problem(s) that require a joint decision-making process	Yes	No
use a shared decision-making model	Yes	No
manage conflict as it arises	Yes	No
balance the multidimensional and competing components of family meetings	Yes	No
document, communicate, and implement patients' and/or family or carers' preferences for their care and treatment across all settings, including perioperative care	Yes	No

Trainee Reflection

The below section is to be filled in by the Trainee

What did you do well?

I stayed calm and respectful during a difficult conversation that involved strong emotions. I focuses on listening actively and acknowledging the family's concerns. I was mindful of creating a safe space for open discussion and I feel like I acted with compassion and professionalism throughout the meeting.

What could you improve next time?

I think I could have explained more clearly what would happen after the meeting, including the next steps for care. In future discussions, I'll aim to provide a more structured summary and reinforce the plan going forward to help reduce uncertainty for families in these situations.

Assessor Feedback

The below section is to be filled in by the Assessor

How much supervision did the trainee require during this activity? *

4 – I needed to be available to contact just in case (supervision at a distance)

What did the trainee do well? *

Aisha demonstrated strong ethics and professional behaviour by maintaining professionalism, compassion and respect during a complex care discussion. She acted in the best interests of the patient and family, showing a commitment to sensitive and ethical decision making in end-of-life care. She also displayed cultural safety through her approach, creating a respectful, non-judgemental space for the family to express their concerns and emotions.

What could the trainee improve upon to improve their performance? *

Aisha would benefit from improving in the area of communication - particularly in clearly outlining the medical team's role and the next steps in care following the meeting. Providing a structured summary and confirming shared understanding can help families feel supported and reduce uncertainty. Strengthening this skill will enhance her ability to lead sensitive discussions with clarity and confidence.