



Trainee & Program Details

Training Program

Basic Training AU (Adult) 2025

Training Program Phase *

Foundation

Date of Observation *

12/03/25

Learning Capture Details

Type of Learning *

Clinical experience

Title*

Managing sepsis in a hospital setting

Select the primary learning goal *

10. Knowledge

Learning Capture Details

Description of Activity *

I assisted and observed a senior clinician in the emergency department during the assessment and treatment of a patient presenting with septic shock. I observed the team coordinate urgent investigations, fluid resuscitation and broad-spectrum antibiotics. The case involved close collaboration between emergency staff, ICU outreach and pathology to manage the patient's escalating condition. This experience highlighted how early recognition and structured intervention protocols can influence patient outcomes in time-critical scenarios.

What did you learn? *

I learned how to identify the early clinical signs of sepsis and understood the rationale behind the stepwise approach in the sepsis protocol. I deepened my knowledge of fluid resuscitation targets, the choice of empirical antibiotics and when to escalate to intensive care support. Observing the team's communication and task delegation reinforced the importance of role clarity and time efficiency in emergency settings.

How will you apply this learning in the future? *

I plan to use structured tools like the sepsis checklist and Early Warning Scores to ensure timely recognition of sepsis in future patients. I will stay composed and prioritise interventions logically under pressure, drawing on this experience to guide my clinical decisions. I also intend to contribute proactively to team discussions during emergencies and seek clarification when I'm unsure, to avoid missing key steps in acute care.

Assessor Feedback (optional)

Feedback From *

Dr Lexi Portner

Assessor Role *

Rotation Supervisor

Personal Message

Dear Dr Portner, please review my learning capture assessment on sepsis recognition and management.

Feedback Requested Date

14/03/25

Feedback *

Excellent clinical insight into the sepsis pathway. Good use of checklists under pressure. Next time, consider reflecting more on interprofessional communication. This is a solid example of a Foundation Phase trainee engaging actively in a time-critical clinical scenario. Well done.