

Trainee & Program Details

Training Program
Cardiology (AIM) 2025

Training Program Phase *
Specialty consolidation

Date of Observation *
18/05/2025

Observation Capture Details

Observation Capture Type *
Multidisciplinary or team-based collaboration

Summary of Activity *
I led a multidisciplinary team meeting for a patient recovering from a myocardial infarction, coordinating contributions from physiotherapy, nursing and pharmacy to plan for discharge. I facilitated discussion, ensured that team members' expertise was heard, and helped clarify clinical goals and patient needs. The meeting supported a safe and patient-centred discharge process, bringing together multiple perspectives to guide next steps in care.

Complexity *
3 - High

Primary Learning Goal *
Team leadership

Learning Goal Components

Select the learning goal components observed during the Observation Capture.

Name	Observed	
prioritise workload	Yes	No
manage multiple concurrent tasks	Yes	No
articulate individual responsibilities, expertise, and accountability of team members	Yes	No
understand the range of team members' skills, expertise, and roles	Yes	No
acquire and apply leadership techniques in daily practice	Yes	No
collaborate with and motivate team members	Yes	No
encourage and adopt insights from team members	Yes	No
act as a role model	Yes	No

Trainee Reflection

The below section is to be filled in by the Trainee

What did you do well? *
I felt confident managing the team meeting and bringing together different professional inputs into a cohesive discharge plan. I encourage collaboration and helped the group stay on task while addressing key issues. I was able to listen actively and guide the conversation toward clear, actionable outcomes. The meeting felt productive and well-received by the team.

What could you improve next time? *
I want to improve my ability to close meeting efficiently while still covering the most important points. Next time, I'll aim to summarise key actions more clearly and wrap up the discussion within the allocated time. This will help ensure that team members leave with a shared understanding and that meetings stay on track in busy clinical settings.

Assessor Feedback

The below section is to be filled in by the Assessor

How much supervision did the trainee require during this activity?
4 – I needed to be available to contact just in case (supervision at a distance)

What did the trainee do well?
Zahra confidently chaired the multidisciplinary meeting and demonstrated leadership by encouraging input from all team members. She maintained clinical focus, clarified action points and created a respectful, collaborative environment. Her ability to coordinate care and guide the discussion showed maturity in managing a complex discharge scenario. She communicated well with the team and supported shared decision making.

What could the trainee improve upon to improve their performance?
Zahra is encouraged to improve time management during meetings and strengthen her ability to succinctly summarise discussions. More structured wrap-up statements would help reinforce key messages, ensure accountability and improve clarity for all involved. As she leads more team-base discussions, refining these skills will support efficient and effective leadership in high-pressure environments.