



Purpose

The learning capture is a work-based learning tool that assists trainees to **reflect on learning experiences**, **promote critical thinking** and **connect these to their learning goals and professional development**.



Pain point

Reflection is often only used after **negative experiences**, like errors or poor outcomes

Trainees miss opportunities to learn from everyday or positive experiences

Some curriculum areas are **hard to access in daily practice**, making it difficult to demonstrate learning

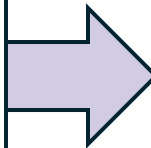


Solution

Reflection develops **self-awareness** and **continuous improvement** in professional practice

Understanding the context of decisions and actions strengthens personal and professional growth

Learning capture **guide trainees to reflect** on experiences, both common and complex, to build insight



Benefits

- **Promotes reflective practice:** to create self-regulating learners
- **Improves knowledge:** enhanced exposure to challenging or foundational knowledge areas of the curriculum
- **Enhances curriculum coverage:** allows trainees to choose to reflect on a wide range of resources or activities to help achieve competency against all learning goals



What this means in practice

- Trainees should **map evidence** of workplace learning **against each program learning goal** to ensure adequate coverage across learning goals
- Trainees will be able to **accumulate evidence of learning** completed over time
- **Assessor feedback** on each individual learning capture is **optional**
- The quality of the reflection will be **assessed during supervisor review** of trainee evidence of progression

