

Step 1: Review the Basic Training program curriculum

Look through the curriculum and identify a topic or learning goal that interests you but may not be commonly encountered during your regular training activities.

Example areas: *Advanced procedures, scientific principles, rare patient cases (e.g. transplants), or complex diagnostics.*

Step 2: Identify learning opportunities

Think about how you could learn more about this topic in the future. Possible ways include:

- Reading a journal article
- Watching a TED Talk or expert-led video
- Attending a relevant seminar or talk
- Reflecting on a case study
- Thinking about an encounter that may have happened in your workplace, for example a patient interaction

Step 3: Use the questions on the **next page** to document your findings.

Tip: try repeating this process for different learning goals that may not be immediately obvious. Identifying multiple areas for growth can broaden your learning experience and help you tackle less common, but important and interesting topics in your field.

This form is fillable – enter text directly into the fields.

What is the learning goal or topic you identified?

i.e. End of life care and decision making with families

Why does this area interest you?

i.e. Providing compassion in difficult circumstances is an essential part of patient care and I want to be able to provide empathy and support to those going through the experience.

What possible resources or activities could use to learn more about this topic?

i.e. [Journal of Palliative Care](#) articles, ["What really matters at the end of life"](#) by BJ Miller, [End of Life Nursing Education Consortium \(ELNES\) workshop](#)