



The RACP offers flexible, short-format microlearning workshops to support trainees, supervisors, DPEs and committees through the new curricula. Each module has between 5-8 short videos that run for 3-5 minutes each. Some videos are listed as optional.

## These can be completed:

- Individually (self-paced)
- With others in a group discussion
- In a facilitated group session

### Claiming MyCPD hours for on-demand workshops

- If you **complete a workshop and activities individually** online you can claim MyCPD hours in **Category 1: Educational Activities**
- In you **complete a workshop in an interactive setting** with peer discussion (online or face-to-face) you can claim MyCPD hours in **Category 2: Reviewing Performance**

Shortcut links to MyCPD are available on RACP Online Learning.

Workshop	Audience	Videos	Total time
Rotation plan Purpose and rationale	<ul style="list-style-type: none"> <li>• Trainees</li> <li>• Supervisors</li> </ul>	6	20 mins
Rotation plan Develop learning opportunities for your setting	<ul style="list-style-type: none"> <li>• DPEs</li> <li>• HODs</li> </ul>	5	18 mins
Observation capture Purpose and rationale	<ul style="list-style-type: none"> <li>• Trainees</li> <li>• Supervisors</li> </ul>	6	22 mins
Learning capture Purpose and rationale	<ul style="list-style-type: none"> <li>• Trainees</li> </ul>	6	20 mins
Progress reports Purpose and rationale	<ul style="list-style-type: none"> <li>• Trainees</li> <li>• Supervisors</li> </ul>	6	22 mins
Progress Review Panels Purpose and rationale	<ul style="list-style-type: none"> <li>• Trainees</li> <li>• Supervisors</li> <li>• DPEs</li> <li>• HODs</li> </ul>	8	33 mins



## Self-paced delivery

### Approximate time:

Typically, 15-30 minutes per workshop, depending on how many videos you watch. Users can watch them all in one block or split the videos up over several days.

*E.g. Progress Report workshop: 6 videos total = 22 mins in one go **or** 3-4 mins per day over one week*

### How it works:

- Watch selected short videos at your own pace
- Download and complete the activity template individually

### Tips:

- Check video lengths before starting
- Optional videos are labelled – focus only on what applies to you
- Great for flexible, independent learning



## Group workshop delivery

### Discussion group

- ~10 – 20 minutes per workshop
- Participants watch videos beforehand
- Guided discussion and activity with a facilitator

### Facilitator led

- ~30 – 45 mins per workshop
- Play key videos during the session
- Facilitator leads discussion and activity is completed as a group

### Facilitator tips:

- Choose which videos to include depending on your group's time and needs
- Use the interactive activity template to apply content to your setting
- Encourage participants to share real examples
- Optional videos can be skipped if not relevant