

NEW CURRICULA

Learning, teaching, and assessment programs

Advanced Training in Rehabilitation Medicine (adult)



RACP
Specialists. Together

About this document

The new Advanced Training in Rehabilitation Medicine (adult) curriculum consists of curriculum standards and learning, teaching, and assessment (LTA) programs.

This document outlines the Advanced Training in Rehabilitation Medicine (adult) LTA programs for trainees and supervisors. It should be used in conjunction with the Advanced Training in Rehabilitation Medicine (adult) [curriculum standards](#).

Contents

Program overview	4
About the program.....	5
Purpose of Advanced Training	5
Overview of specialty	5
Supervising committee.....	7
Qualification	7
Learning goals and progression criteria	8
Learning, teaching, and assessment structure	8
Entry criteria	9
Progression criteria.....	10
Learning goals	11
Learning, teaching, and assessment requirements	15
Overview.....	15
Entry	17
Training application	17
Learning.....	18
Professional experience	18
Rotation plan	18
Case report.....	19
Courses	21
Experiential logbook (optional).....	27
Recommended resources.....	27
Teaching.....	28
Supervision.....	28
Assessment.....	29
Assessment blueprint	29
Learning capture.....	32
Observation capture	32
In-training long case assessments.....	33
Progress report.....	35
AFRM entry phase examination.....	35

AFRM fellowship written examination	36
AFRM fellowship clinical examination	38
Research project	39
Roles and responsibilities.....	40
Advanced Trainee.....	40
Rotation supervisor	40
Assessor.....	40
Progress Review Panel.....	41
RACP oversight committees	42
Resources	42
For trainees	42
For supervisors.....	42

Program overview

CURRICULUM STANDARDS

The [curriculum standards](#) are summarised as 23 learning goals. The learning goals articulate what trainees need to be, do and know, and are assessed throughout training.

BE	1. Professional behaviours
DO	2. Team leadership
	3. Supervision and teaching
	4. Quality improvement
	5. Clinical assessment and management of function
	6. Handover of care
	7. Longitudinal care
	8. Communication with patients
	9. Procedures
	10. Clinic management
KNOW	11. Traumatic brain injury
	12. Stroke management
	13. Neurological conditions
	14. Spinal cord dysfunction
	15. Amputation of limb and prosthetics
	16. Musculoskeletal conditions
	17. Cardiac and respiratory conditions
	18. Adults with disabilities arising in childhood
	19. Rehabilitation of older people
	20. Rehabilitation of other specific conditions
	21. Pain
	22. Orthotics and footwear
	23. Spasticity and its management

LTA STRUCTURE

The learning, teaching, and assessment (LTA) structure defines the framework for delivery and trainee achievement of the curriculum standards in the program. The program is structured in four phases. These phases establish clear checkpoints for trainee progression and completion.



Entry criteria

Prospective trainees must have:

- completed 2 years full time (or full-time equivalent) of supervised postgraduate general clinical experience in a health-related field (post primary medical degree) within the last 5 years.
- completed an advanced life support course within 3 years prior to commencing training.
- general medical registration with the Medical Board of Australia if applying in Australia, or a medical registration with a general scope of practice with the Medical Council of New Zealand and a practising certificate if applying in Aotearoa New Zealand.
- an AFRM-accredited clinical training position for core Advanced Training in Rehabilitation Medicine.

LTA PROGRAMS

The LTA programs outline the strategies and methods to learn, teach, and assess the curriculum standards.

Entry

- 1 [training application](#)

Learning

Minimum 48 months FTE [professional experience](#)

- 1 [rotation plan](#) per rotation (for 12-month rotations, 1 rotation plan per 6 months)

- 2 [case reports](#)

- 9 [learning courses](#)

- 1 [experiential logbook](#) (optional)

[Recommended resources](#)

Teaching

- 1 [supervisor](#) per rotation (2 recommended)

- 1 [research project supervisor](#)

Assessment

- 12 [learning captures](#) per phase

- 8 [observation captures](#) per phase

- 4 [in-training long case assessments](#) (1 directly observed) per phase

- 4 [progress reports](#) per phase

- 1 [AFRM entry phase examination](#)

- 1 [AFRM fellowship written examination](#)

- 1 [AFRM fellowship clinical examination](#)

- 1 [research project](#)

About the program

Purpose of Advanced Training

The RACP offers Advanced Training in 33 diverse medical specialties as part of Division, Chapter, or Faculty training programs.

The purpose of Advanced Training is to develop a workforce of physicians who:

- have received breadth and depth of focused specialist training, and experience with a wide variety of health problems and contexts
- are prepared for and committed to independent expert practice, lifelong learning, and continuous improvement
- provide safe, quality health care that meets the needs of the communities of Australia and Aotearoa New Zealand.

Overview of specialty

The Australasian Faculty of Rehabilitation Medicine's (AFRM's) focus on interdisciplinary training and teamwork makes the rehabilitation medicine physician the best qualified specialist to lead teams of allied health staff, nurses, and other medical practitioners (specialists or general practitioners) in providing coordinated, patient-focused, individualised programs of goal-directed rehabilitative care.

Rehabilitation medicine is a:

- Principal Medical Specialty in Australia and a Vocational Scope of Practice in New Zealand
- diverse specialty whose members are trained to facilitate the best possible recovery of function over the full range of common and uncommon medical and surgical conditions seen in contemporary practice
- practice that's collaborative and involves input from a diverse range of health professionals focused on optimising the health and wellbeing of those with short-term or long-term disability.

Rehabilitation medicine physicians:

- use knowledge and skills – developed through the AFRM training program, equivalent overseas or post-fellowship training – to manage all patient types with medical, musculoskeletal, neurological and neuromuscular disorders, with an emphasis on maximising functional ability and quality of life
- diagnose and treat patients from adolescence and young adulthood through to the older people
- can manage children in certain circumstances but generally do not provide a full range of rehabilitation services to children – see Paediatric Rehabilitation: Rehabilitation Scope of Practice

- treat patients affected by function limiting and/or painful conditions involving the central, peripheral and autonomic nervous systems, the cardiopulmonary and musculoskeletal systems, as well as those who experience disability due to illness or injury affecting other body systems
- hold a unique blend of education, training and experience, which makes the rehabilitation medicine physician an ideal treating or consulting physician for patients who have impaired function due to debility and deconditioning, including older patients and those with reduced function as a result of chronic diseases or other complex health conditions
- are experts in the assessment, treatment, and management of people with permanent disability as a result of injury or illness
- are well placed to manage patients with occupational or sports-related musculoskeletal or neuromuscular injuries
- use appropriate laboratory and imaging studies, but are also trained in the clinical interpretation of other diagnostic studies that evaluate musculoskeletal and neuromuscular systems such as CT, bone scan, MRI, and musculoskeletal ultrasound
- are specially trained in the use of therapeutic exercise, orthotics, prosthetics, and other rehabilitation equipment and modalities, and can prescribe these precisely to meet patients' specific needs
- may engage in the delivery of health services through new models of care and modalities, such as in-reach rehabilitation, early supported discharge, rehabilitation in the home and other community rehabilitation and integrated care models, reablement and restorative models of care, and ambulatory care services, as well as virtually via telerehabilitation
- possess a holistic approach, with experience in integrated care with primary care physicians, and training in leading interdisciplinary teams
- are skilled in secondary and tertiary prevention for ambulatory patients in the community, such as in ambulatory care services and interdisciplinary falls prevention services, as well as for patients who have stroke, neurological or musculoskeletal conditions, osteoporotic fractures or fragility, to prevent relapse or recurrence of injury or to improve function or quality of life.

Rehabilitation medicine physicians who have completed rehabilitation medicine specialty training have adequate training in the following areas:

1. inpatient and outpatient musculoskeletal and neurological assessment, diagnosis, and rehabilitation
2. acute and persistent pain management
3. injury prevention, conditioning, fitness, and wellness
4. non-surgical spine medicine and rehabilitation
5. rehabilitation management of sports and sports injuries
6. rehabilitation management of occupational injuries and vocational rehabilitation
7. therapeutic and diagnostic injection techniques, such as trigger point, soft tissue, and joint injections
8. assessments of function, disability, and impairment
9. prosthetic and orthotic prescription
10. mobility aid, wheelchair, and seating prescription

11. rehabilitation management of patients with (upper and lower) limb amputations or limb deficiency
12. rehabilitation management of patients with acquired brain injury
13. rehabilitation management of patients with spinal cord impairment through injury or disease
14. management of spasticity, dystonia, and hypertonia
15. rehabilitation management of rheumatological and other joint diseases and arthroplasty (pre- and post-surgery), and post-fracture rehabilitative care
16. tissue disorders such as burns, ulcers, lymphoedema, and wound care
17. rehabilitation management of older people, including the management of frailty and geriatric syndromes
18. rehabilitation management of pulmonary and cardiac conditions
19. rehabilitation management of oncological conditions (pre- and post-treatment, and recovery)
20. rehabilitation of patients who are debilitated or deconditioned as a result of multi-system disease, prolonged immobilisation, or prolonged hospitalisation
21. rehabilitation and coordination of care and management of individuals with developmental and intellectual disorders such as cerebral palsy, spina bifida, and other congenital disorders
22. long-term management of the person with disability, in liaison with the individual, their family, their general practitioner and other health care providers
23. chronic diseases management, particularly in secondary and tertiary prevention, to prevent relapse or recurrence of conditions, and to improve function and quality of patients, such as falls prevention and osteoporotic re-fracture prevention
24. leadership and clinical and administrative management of rehabilitation medicine services and other related clinical services.

In addition, some rehabilitation physicians can demonstrate qualifications and expertise that qualifies them to practice in other areas:

1. interventional diagnostic and therapeutic spinal and peripheral pain management procedures using x-ray and ultrasound guidance
2. interventional techniques for spasticity management
3. electrodiagnostic medicine
4. manual medicine techniques
5. assessment of capacity and of permanent impairment, preparation of medical and medicolegal reports, and provision of expert medical opinion in rehabilitation medicine.

Supervising committee

The program is supervised by the Training Program Committee in Rehabilitation Medicine.

Qualification

Trainees who successfully meet the completion standards and criteria of this program will be awarded Fellowship of the Australasian Faculty of Rehabilitation Medicine (FAFRM).

Learning goals and progression criteria

Learning, teaching, and assessment structure

The learning, teaching and assessment structure defines the framework for delivery and trainee achievement of the curriculum standards in the Advanced Training program.

Advanced Training is structured in four phases. These phases will establish clear checkpoints for trainee progression and completion.

- 1 Specialty entry**
 - Orient trainees and confirm their readiness to progress in the Advanced Training program.
- 2 Specialty foundation**
 - Continue trainees' professional development in the specialty and support progress towards the learning goals.
- 3 Specialty consolidation**
 - Continue trainees' professional development in the specialty and support progress towards the learning goals.
- 4 Transition to Fellowship**
 - Confirm trainees' achievement of the curriculum standards, completion of Advanced Training, and admission to Fellowship.
 - Support trainees' transition to unsupervised practice.



Figure: Advanced Training learning, teaching, and assessment structure

- An **entry decision** is made before entry into the program.
- **Progress decisions**, based on competence, are made at the end of the specialty foundation and specialty consolidation phases of training.
- A **completion decision**, based on competence, is made at the end of the training program, resulting in eligibility for admission to Fellowship.



Advanced Training is a **hybrid time- and competency-based training program**. There is a minimum time requirement of full-time equivalent experience, and progression and completion decisions are based on evidence of trainees' competence.

Entry criteria

Entry attributes	<p>Prospective trainees can demonstrate:</p> <ul style="list-style-type: none">• a commitment and capability to pursue a career as a physician in rehabilitation medicine.• the ability and willingness to achieve the common learning goals for Advanced Training:<ul style="list-style-type: none">• team leadership• supervision and teaching• the professional behaviours, as outlined in the Competencies
Entry criteria	<p>Prospective trainees must have:</p> <ul style="list-style-type: none">• completed 2 years full time (or full-time equivalent) of supervised postgraduate general clinical experience in a health-related field (post primary medical degree) within the last 5 years.• completed an advanced life support (ALS) course within 3 years prior to commencing training.• general medical registration with the Medical Board of Australia if applying in Australia, or a medical registration with a general scope of practice with the Medical Council of New Zealand and a practising certificate if applying in Aotearoa New Zealand.• an AFRM-accredited clinical training position for core Advanced Training in Rehabilitation Medicine. <p>ALS course</p> <p>Trainees should refer to the RACP's Minimum Standards for Resuscitation Competency for Basic Physician Trainees (Australia trainees) and the ANZCOR guidelines for Adult Advanced Life Support (Aotearoa New Zealand trainees).</p> <p>The RACP doesn't endorse any ALS course provider, however the course should be Australian Resuscitation Council (ARC) accredited. Level 1, Level 2 and ALS recertification courses are acceptable.</p> <p>ALS certificates from the following organisations are recognised by the ARC and accepted towards the ALS requirement:</p> <ul style="list-style-type: none">• Resuscitation Council - United Kingdom - RC(UK)• New Zealand Resuscitation Council (NZRC)• European Resuscitation Council (ERC)

Progression criteria

To progress to the next phase or to complete the program, trainees must demonstrate:

- the ability to plan and manage their learning and to complete their learning and assessment requirements in a timely manner
- achievement of the learning goals to the levels outlined in the [learning goal progression criteria](#).

Training committees or delegated progress review panels will consider evidence supporting trainees' achievement of the progression criteria and make progress decisions.

If criteria have not been met, committees or panels may decide to place conditions on trainees' progression to the next phase of training or not to progress trainees until all criteria have been achieved.

Learning goals

The [curriculum standards](#) are summarised as **23** learning goals.

The learning goals articulate what trainees need to be, do, and know, and are assessed throughout training on a five-point scale. This scale determines the expected standard for each learning goal at the end of each training phase. Trainees must meet these standards to progress to the next phase or complete the program.

Learning and assessment tools are linked to the learning goals which allows trainees to demonstrate competence across each learning goal.

Levels	1	2	3	4	5
Be: Competencies (professional behaviours)	Needs to work on behaviour in more than five domains of professional practice	Needs to work on behaviour in four or five domains of professional practice	Needs to work on behaviour in two or three domains of professional practice	Needs to work on behaviour in one domain of professional practice	Consistently behaves in line with all ten domains of professional practice
Do: Entrustable Professional Activities (EPAs)	Is able to be present and observe	Is able to act with direct supervision	Is able to act with indirect supervision (i.e., ready access to a supervisor)	Is able to act with supervision at a distance (i.e., limited access to a supervisor)	Is able to supervise others
Know: Knowledge guides	Has heard of some of the topics in this knowledge guide	Knows the topics and concepts in this knowledge guide	Knows how to apply this knowledge to practice	Frequently shows they apply this knowledge to practice	Consistently demonstrates application of this knowledge to practice

		Progression criteria				Completion criteria
	Learning goals	Entry into training <i>At entry into the program, trainees will:</i>	Specialty entry <i>By the end of this phase, trainees will:</i>	Specialty foundation <i>By the end of this phase, trainees will:</i>	Specialty consolidation <i>By the end of this phase, trainees will:</i>	Transition to fellowship <i>By the end of training, trainees will:</i>
Be	1. Professional behaviours	Level 4 need to work on behaviour in one domain of professional practice	Level 4 need to work on behaviour in one domain of professional practice	Level 5 consistently behave in line with all ten domains of professional practice	Level 5 consistently behave in line with all ten domains of professional practice	Level 5 consistently behave in line with all ten domains of professional practice
Do	2. Team leadership: Lead a team of health professionals	Level 1 be able to be present and observe	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	3. Supervision and teaching: Supervise and teach professional colleagues	Level 2 be able to act with direct supervision	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	4. Quality improvement: Identify and address failures in health care delivery	Level 1 be able to be present and observe	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	5. Clinical assessment and management of function: Clinically assess and manage the ongoing care of patients	Level 2 be able to act with direct supervision	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	6. Handover of care: Manage the handover of patient care between health care professionals, providers, and contexts	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	7. Longitudinal care: Manage and coordinate the longitudinal care of patients with chronic illness, disability and/or long-term health issues	Level 1 be able to be present and observe	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	8. Communication with patients: Discuss diagnoses and management plans with patients	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others

		Progression criteria				Completion criteria
	Learning goals	Entry into training <i>At entry into the program, trainees will:</i>	Specialty entry <i>By the end of this phase, trainees will:</i>	Specialty foundation <i>By the end of this phase, trainees will:</i>	Specialty consolidation <i>By the end of this phase, trainees will:</i>	Transition to fellowship <i>By the end of training, trainees will:</i>
	9. Procedures: Plan, prepare for, perform, and provide aftercare for important practical procedures	Level 1 be able to be present and observe	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
	10. Clinic management: Manage an outpatients clinic	Level 1 be able to be present and observe	Level 2 be able to act with direct supervision	Level 3 be able to act with indirect supervision	Level 4 be able to act with supervision at a distance	Level 5 be able to supervise others
Know	11. Traumatic brain injury	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	12. Stroke management	Level 2 know the topics and concepts in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	13. Neurological conditions	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	14. Spinal cord dysfunction	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	15. Amputation of limb and prosthetics	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	16. Musculoskeletal conditions	Level 2 know the topics and concepts in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice

		Progression criteria				Completion criteria
	Learning goals	Entry into training <i>At entry into the program, trainees will:</i>	Specialty entry <i>By the end of this phase, trainees will:</i>	Specialty foundation <i>By the end of this phase, trainees will:</i>	Specialty consolidation <i>By the end of this phase, trainees will:</i>	Transition to fellowship <i>By the end of training, trainees will:</i>
	17. Cardiac and respiratory conditions	Level 2 know the topics and concepts in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	18. Adults with disabilities arising in childhood	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	19. Rehabilitation of older people	Level 2 know the topics and concepts in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	20. Rehabilitation of other specific conditions	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	21. Pain	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	22. Orthotics and footwear	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice
	23. Spasticity and its management	Level 1 have heard of some of the topics in this knowledge guide	Level 2 know the topics and concepts in this knowledge guide	Level 3 know how to apply this knowledge to practice	Level 4 frequently show they apply this knowledge to practice	Level 5 consistently demonstrate application of this knowledge to practice

Learning, teaching, and assessment requirements

Overview

Requirements over the course of training

What do trainees need to do?	When do trainees need to do it?
Entry	
1 training application	Before the specialty entry phase. Due 28 February if starting at the beginning of the year and 31 August if starting mid-year.
Learning	
Minimum 48 months full time equivalent (FTE) professional experience	Minimum 12 months FTE during each phase.
2 case reports Required topics <ol style="list-style-type: none"> 1. The biopsychosocial approach 2. Process/experience of disability 	Before the end of Advanced Training.
RACP Advanced Training Orientation resource	During the first 6 months of the specialty entry phase.
RACP Supervisor Professional Development Program	Before the end of Advanced Training.
RACP Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety resource	Before the end of Advanced Training. Recommended completion before the specialty consolidation phase.
RACP Health Policy, Systems and Advocacy resource	Before the end of Advanced Training. Recommended completion before the transition to fellowship phase.
RACP Communication Skills resource	Before the end of Advanced Training.
RACP Ethics resource	Before the end of Advanced Training.
RACP Introduction to Leadership, Management and Teamwork resource	Before the end of Advanced Training.
Clinical neuropsychology requirement	Before the end of Advanced Training.
Functional Independence Measure Training course	Before the end of Advanced Training.
1 experiential logbook	Optional.
Recommended resources	Recommended completion over the course of Advanced Training.
Teaching	
Nominate 1 research project supervisor	Recommended to be nominated before the specialty consolidation phase.

Assessment	
1 AFRM entry phase examination	During the specialty entry phase.
1 AFRM fellowship written examination	During the specialty consolidation phase or the transition to fellowship phase.
1 AFRM fellowship clinical examination	During the specialty consolidation phase or the transition to fellowship phase.
1 research project	Before the end of Advanced Training. Recommended submission before the transition to fellowship phase.

Requirements per phase

What do trainees need to do?	When do trainees need to do it?
Learning	
1 rotation plan per rotation (for 12-month rotations, 1 rotation plan per 6 months)	At the start of (or prior to starting) the rotation. Due 28 February for rotations in the first half or whole of the year and 31 August for rotations in the second half of the year.
Teaching	
Nominate 1 supervisor per rotation (2 recommended)	At the start of each accredited or approved training rotation.
Assessment	
12 learning captures	Minimum 1 per month.
8 observation captures	Minimum 2 every 3 months.
4 in-training long case assessments (1 directly observed)	Minimum 1 every 3 months.
4 progress reports	Minimum 1 every 3 months.

Entry

Training application

Requirement

1 x training application, at the start of the specialty foundation phase.

Purpose

The training application supports trainees to:

- confirm that they meet the program [entry criteria](#)
- provide essential details for program enrolment, ensuring compliance with RACP standards
- establishes a formal foundation for their training pathway, enabling access to program resources and support

The application form will be reviewed by the RACP staff. Trainees will be able to track the status of your application through the College's new Training Management Platform (TMP).

Trainees can submit rotation plans and complete assessments while waiting for their application to be approved.

How to apply

Trainees are to submit a training application for the program using [TMP](#).

Due dates

28 February if starting at the beginning of the year.

31 August if starting mid-year.

Learning

Professional experience

Professional experience
<ul style="list-style-type: none">Complete at least 48 months of relevant professional experience in approved rotations.
Location of training
<ul style="list-style-type: none">Complete training in at least 2 different accredited training settings.Complete at least 36 months of training in accredited training settings in Australia and/or Aotearoa New Zealand, with the exception of trainees based in Hong Kong and Singapore.Trainees considering training in overseas positions should seek guidance from the Faculty Training Committee prior to accepting a position.
Experiential requirements
<ul style="list-style-type: none">Minimum 36 months core training spent in AFRM-accredited settings.Maximum 12 months non-core training in other clinical training disciplines or in research. <p>The Faculty Training Committee prospectively approves non-core training on a case-by-case basis.</p> <p>Non-core training time will only be considered if there is a substantial (minimum 0.5 FTE) clinical component equivalent to Advanced Training.</p>

Rotation plan

Requirement
<p>1 x rotation plan per rotation (for 12-month rotations, 1 rotation plan per 6 months).</p> <p>If completing a 12-month rotation, trainees are to complete:</p> <ul style="list-style-type: none">1 x rotation plan covering the first 6 months1 x rotation plan covering the second 6 months.
Description
<p>The rotation plan is a work-based tool to document details of a training rotation and how a trainee intends to cover their program learning goals over the rotation period.</p>
Purpose
<p>The rotation plan helps trainees evaluate their learning gaps, curriculum needs, and local opportunities to meet expected standards. It is validated by College staff to ensure it aligns with the professional experience requirements for the program.</p>
How to complete it

Trainees can submit a rotation plan in [TMP](#) under the training plan tab.

Trainees undertaking their first rotation of their training program must select the following checkbox, 'The rotation start date is also the start date of my Training Program' to record the start date for their training program.

If a trainee is expecting a learning goal to be covered during a rotation, select 'yes' for 'coverage offered' and outline the learning opportunities available. See this [completed rotation plan](#) for examples of the learning opportunities that may be available for each learning goal.

This information will be used by supervisors and overseeing RACP training committee to determine the relevance of the rotation to the program's professional experience requirements.

Trainees should upload a copy of the position description and any other supporting information that outlines the training position being undertaken. This should include regular/weekly activities that the trainee will be undertaking during the rotation (e.g. timetable).

Trainees can also set custom goals to define personal objectives that they want to achieve during the rotation. These goals should be measurable and align with the trainee's professional objectives, skill gaps, or personal interests.

Trainees need to nominate their rotation supervisors in the plan, and they will need to approve the plan in TMP via 'my assigned actions'.

For more information on how to complete a rotation plan review the [training resources](#).

Due dates

28 February for rotations in the first half or whole of the year.

31 August for rotations in the second half of the year.

For 12-month rotations, trainees can submit both rotation plans at the start of the rotation. If unsure of their learning goal coverage for the second 6 months, trainees can add their coverage to that plan later in the rotation.

Case report

Requirement

2 x case reports over the course of Advanced Training.

Required topics

1. The biopsychosocial approach
2. Process/experience of disability

Description

In a case report, trainees will:

- develop a clinical question which requires an answer to inform the diagnosis and management of a patient
- research and critically appraise evidence related to the patient condition or situation
- apply relevant evidence to the patient case, diagnosis or situation which helps to validate their approach and decisions.

Case reports will be reviewed by the rotation supervisor using the review sheet.

Purpose

A case report is a learning activity that demonstrates the trainees' approach to a clinical or complex patient situation, including their clinical reasoning and evaluation skills, diagnostic process and management approach. Through the development of a case report, trainees gain experience in incorporating an evidence-based approach to medicine using scientific writing skills.

How to complete it

Trainees are required to submit their case report(s) by the end of Advanced Training for review.

The completed case report and coversheet should be submitted via [TMP](#) under the assessment requirements tab

For more information on how to submit a case report review the [training resources](#).

Resources

[Case report template](#)

[Case report coversheet](#)

[Case report review sheet](#) (for rotation supervisors)

Courses

RACP Advanced Training Orientation resource

Requirement
1 x RACP Advanced Training Orientation resource, completed during the first 6 months of the specialty entry phase.
Description
<p>This resource is designed to orient trainees to Advanced Training. It covers areas such as transition to Advanced Training, training and assessment, and trainee support. It's a 'one-stop shop' that trainees can return to if they ever want to find a useful resource, or need a refresher on the supporting resources, policies, and systems available to them.</p> <p>Estimated completion time: 1-1.5 hours.</p>
Purpose
The resource is intended to support trainees to successfully navigate their transition to Advanced Training and prepare for unsupervised practice as a specialist physician.
How to complete it
<p>Trainees can complete the Advanced Training Orientation resource on RACP Online Learning.</p> <p>Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in TMP.</p>

RACP Supervisor Professional Development Program

Requirement
1 x RACP Supervisor Professional Development Program (SPDP), consisting of 3 workshops, completed by the end of Advanced Training.
Description
<p>The SPDP consists of 3 workshops:</p> <ul style="list-style-type: none">• Practical skills for supervisors• Teaching and learning in healthcare• Work-based learning and assessment <p>See Supervisor Professional Development Program for more information on the program.</p>
Purpose
This requirement aims to prepare trainees for a supervisory/educator role in the workplace and supports trainees' learning aligned with the "team leadership" and "supervision and teaching" learning goals.
How to complete it

[Register for a supervisor workshop.](#)

Trainees can complete the SPDP in three ways:

- Virtual workshops
- Face-to-face workshops
- Online courses.

Workshops are free and presented by volunteer Fellows trained in SPDP facilitation.

RACP Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety resource

Requirement

1 x Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety resource, if not completed during Basic Training.

Trainees must complete the resource by the end of their Advanced Training however it's recommended they complete it before the specialty consolidation phase.

Description

The Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety resource teaches best practice medicine for Aboriginal, Torres Strait Islander and Māori patients through reflection on the trainee's own cultural values and recognition of their influence on professional practice.

Estimated completion time: 2 hours.

Purpose

This resource supports trainees' learning aligned with the "professional behaviours" learning goal. Specialist training requires trainees to:

- examine their own implicit biases
- be mindful of power differentials
- develop reflective practice
- undertake transformative unlearning
- contribute to a decolonisation of health services for Indigenous peoples

How to complete it

Trainees can complete the [Australian Aboriginal, Torres Strait Islander and Māori Cultural Competence and Cultural Safety resource](#) on RACP Online Learning.

Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in [TMP](#).

RACP Health Policy, Systems and Advocacy resource

Requirement
1 x RACP Health Policy, Systems and Advocacy resource, completed by the end of Advanced Training.
Description
<p>This resource has been designed for Advanced Trainees, as an introduction to health policy, systems, and advocacy.</p> <p>Estimated completion time: 5 hours.</p>
Purpose
<p>The resource aims to support Advanced Trainees in meeting the health policy, systems, and advocacy professional standard and underpinning competencies outlined in their specialty curriculum, and to enable connections between Advanced Trainees' own practice and the nature and attributes of local, national, and global health systems.</p>
How to complete it
<p>Trainees can complete the RACP Health Policy, Systems and Advocacy resource on RACP Online Learning.</p> <p>Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in TMP.</p>

RACP Communication Skills resource

Requirement
1 x RACP Communication Skills resource, completed by the end of Advanced Training.
Description
<p>The communication skills online resource is a self-directed resource covering communication skills and frameworks to help trainees work through everyday conversations they will have as a physician.</p> <p>Estimated completion time: 2.5 hours.</p>
How to complete it
<p>Trainees can complete the RACP Communication Skills resource on RACP Online Learning.</p> <p>Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in TMP.</p>

RACP Ethics resource

Requirement
1 x RACP Ethics resource, completed by the end of Advanced Training.
Description
<p>In this resource trainees will learn about, discuss and reflect on the main ethical issues facing physicians.</p> <p>Estimated completion time: 3.5 hours.</p>
How to complete it
<p>Trainees can complete the RACP Ethics resource on RACP Online Learning.</p> <p>Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in TMP.</p>

RACP Introduction to Leadership, Management and Teamwork resource

Requirement
1 x RACP Introduction to Leadership, Management and Teamwork resource, completed by the end of Advanced Training.
Description
<p>This resource supports trainee development in leadership, management and teamwork skills and work effectively in multi-disciplinary teams.</p> <p>Estimated completion time: 1 hour.</p>
How to complete it
<p>Trainees can complete the RACP Introduction to Leadership, Management and Teamwork resource on RACP Online Learning.</p> <p>Trainees will receive a certificate of completion on RACP Online Learning when they complete the resource. Completion of this requirement will automatically update in TMP.</p>

Clinical neuropsychology requirement

Update – September 2025

Clinical neuropsychology is an important topic for rehabilitation medicine trainees that is included in the new curriculum and may be assessed in the AFRM Fellowship Examinations. We are actively working on developing a self-paced online Clinical Neuropsychology course in collaboration with members, and the timeline for final delivery of the course is yet to be confirmed. We sincerely apologise for the delay in developing this course, which was initially anticipated to be available in 2025.

In the meantime, **it is important that trainees plan to undertake and complete PREP External Training Module 4: Clinical Neuropsychology** (details below) to meet the clinical neuropsychology requirement. It is strongly recommended that trainees submit their completed Module 4 essays 6 months before their intended Fellowship admission date to allow sufficient time for marking and avoid any delays to admission to Fellowship.

We will inform trainees and supervisors once the online Clinical Neuropsychology course is available and ready for use. When ready, the course will be published on [RACP Online Learning](#).

Requirement

Complete [PREP](#) External Training Module 4: Clinical Neuropsychology

OR

1 x RACP clinical neuropsychology resource (resource not yet available)

Completed by the end of Advanced Training.

Description

Module 4 consists of 5 essay-type answers to be submitted over the course of training. Topics to be addressed are:

- severe traumatic brain injury
- mild traumatic brain injury
- dementia
- frontal lobe disorders
- apraxia, agnosia and visuoperceptual problems

Marking outcomes

Each essay will receive a mark between 1 and 7:

- Fail — 1, 2 or 3
- Pass — 4
- Credit — 5
- Distinction — 6 or 7

The College will inform trainees of the outcome of your essay marking and your overall final mark for the module, via the TMP.

Readings

Key reading references have been supplied under each course unit, but trainees are expected to read widely. Relevant journals include:

- [Journal of Head Trauma Rehabilitation](#)

- [Brain Injury](#)
- [Journal of Clinical and Experimental Neuropsychology](#)
- [Neuropsychology](#)
- [Neurology](#)
- [JAMA Neurology](#)
- [The Clinical Neuropsychologist](#)
- [Psychological Assessment](#)
- [Archives of Clinical Neuropsychology](#)

Purpose

The Clinical Neuropsychology module provides trainees with a neuropsychological perspective of brain impairment and introduces some of the major neuropsychological syndromes encountered in patients referred to a rehabilitation medicine unit.

How to complete it

Complete and submit Module 4 at least 6 months prior to completing Advanced Training to avoid any delays to admission to Fellowship.

The five essays and coversheet should be submitted via [TMP](#) under the assessment requirements tab.

Resources

[Rehabilitation Medicine Module Assessment cover sheet](#) (PDF)

[Clinical Neuropsychology requirement – Module 4](#) (PDF)

Functional Independence Measure™ training course

Requirement

1 x Functional Independence Measure (FIM™) training course, completed by the end of Advanced Training.

Description

The FIM™ training course is run by the Australasian Rehabilitation Outcomes Centre. The course provides an important tool for rehabilitation physicians.

FIM™ is a functional assessment scale for collecting uniform measurement and data on disability and rehabilitation outcomes.

Rehabilitation physicians, as well as most staff members in rehabilitation units, are expected to be FIM™ credentialed.

How to complete it

See the [Australasian Rehabilitation Outcomes Centre](#) for information on how to complete the course.

Trainees will need to provide evidence of course completion via the assessment requirements tab in [TMP](#).

Experiential logbook (optional)

Requirement
1 x experiential logbook, completed by the end of Advanced Training (optional).
Description
The logbook is a learning tool that helps trainees capture data about and reflect on specific workplace experiences.
How to complete it
Trainees can use the PREP Rehabilitation Medicine logbook to record data and reflect on workplace experiences. The logbook can be submitted via TMP under the assessment requirements tab. For more information on how to submit the logbook review the training resources .

Recommended resources

- [RACP Research Projects resource](#)
- [RACP eLearning resources](#)
- [RACP curated collections](#)

Teaching

Supervision

Rotation supervisors

Trainees are to have minimum 1 x supervisor per rotation, however 2 x supervisors are recommended:

- 1 or 2 supervisor/s, who is a Fellow of the AFRM and actively practising in rehabilitation medicine
- for training outside of rehabilitation medicine: 1 supervisor, who is a Fellow of the AFRM, RACP or other appropriate college

It's also recommended that trainees have a training program director/training setting coordinator.

Nominating eligible supervisors

Trainees will be asked to nominate rotation supervisors as part of their rotation plan. Trainees are required to nominate [eligible supervisors](#) who meet the above requirements.

A list of eligible supervisors can be found on [MyRACP](#). The list is not available for post-Fellowship trainees. Post-Fellowship trainees can [contact us](#) to confirm supervisor eligibility.

Research project supervisor

Trainees are to nominate 1 x research project supervisor over the course of Advanced Training. Recommended to be nominated before the specialty consolidation phase.

The research project supervisor guides trainees with their project choice, method, data analysis and interpretation, and quality of written and oral presentation.

More information about this role can be found in the [Advanced Training research project guidelines](#).

Assessment

Assessment blueprint

This high-level assessment program blueprint outlines which of the learning goals (and associated curricula standards) *could be* and *will be* covered by the assessment tools.

	Assessment tools							
Learning goals	Learning capture	Observation capture	Progress report	Research project	ITLCA	AFRM EPE	AFRM FWE	AFRM FCE
1. Professional behaviours	Could assess	Could assess	Will assess	Will assess	Could assess	Will assess	Could assess	Will assess
2. Team leadership	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
3. Supervision and teaching	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
4. Quality improvement	Could assess	Could assess	Will assess	Could assess	Could assess	Could assess	Could assess	Could assess
5. Clinical assessment and management of function	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
6. Handover of care	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
7. Longitudinal care	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
8. Communication with patients	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
9. Procedures	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
10. Clinic management	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess

	Assessment tools							
Learning goals	Learning capture	Observation capture	Progress report	Research project	ITLCA	AFRM EPE	AFRM FWE	AFRM FCE
11. Traumatic brain injury	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
12. Stroke	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
13. Neurological conditions	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
14. Spinal cord dysfunction	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
15. Amputation of limb and prosthetics	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
16. Musculoskeletal conditions	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
17. Cardiac and respiratory conditions	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
18. Adults with disabilities arising in childhood	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
19. Rehabilitation of older people	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
20. Rehabilitation of other specific conditions	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
21. Pain	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess

	Assessment tools							
Learning goals	Learning capture	Observation capture	Progress report	Research project	ITLCA	AFRM EPE	AFRM FWE	AFRM FCE
22. Orthotics and footwear	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess
23. Spasticity and its management	Could assess	Could assess	Will assess	x	Could assess	Could assess	Could assess	Could assess

Learning capture

Requirement

12 x learning captures per phase of training, minimum 1 per month.

Refer to [RACP Flexible Training Policy](#) for further information on part-time training (item 4.2).

Description

The learning capture is a work-based assessment that involves a trainee capturing, and reflecting on, professional development activities, including evidence of work-based learning linked to specific learning goals.

Purpose

The learning capture assists trainees to reflect on experiences, promotes critical thinking, and connects these to a trainee's learning goals and professional development. It is also a valuable mechanism for trainees to enhance their understanding of complex topics and less common experiences that may be difficult to encounter in traditional training.

How to complete it

The learning capture is completed via [TMP](#) under the assessment requirements tab.

For more information on how to complete a learning capture review the [training resources](#).

Observation capture

Requirement

8 x observation captures per phase of training, minimum 2 every 3 months.

Refer to [RACP Flexible Training Policy](#) for further information on part-time training (item 4.2).

Description

An observation capture is a work-based assessment which provides a structured process for trainees to demonstrate their knowledge and skills in real-time workplace situations, while assessors observe and evaluate performance.

Purpose

The purpose of the observation capture is to assess skill development, track progress, and provide targeted feedback for improvement for trainees against specific learning goals.

How to complete it

Observation captures are completed via [TMP](#) under the assessment requirements tab.

For more information on how to complete an observation capture review the [training resources](#).

In-training long case assessments

Requirement

4 x in-training long case assessments (ITLCA) per phase, minimum 1 every 3 months.

A minimum of 1 ITLCA per phase must be directly observed by an assessor.

Refer to [RACP Flexible Training Policy](#) for further information on part-time training (item 4.2).

Description

An ITLCA is an assessment that evaluates trainees in real life settings and assesses their level of professional expertise and judgement exercised in clinical cases.

The assessment is designed to:

- guide trainees' learning through structured feedback
- help improve trainees' communication, history taking, clinical decision making, clinical knowledge and patient management
- provide trainees with an opportunity to discuss their approach to the case and identify strategies to improve their practice
- be a teaching opportunity allowing assessors to share their professional knowledge and experience

Consultation

Trainees are responsible for ensuring that adequate encounters are completed, covering a range of learning goals.

Areas of assessment include:

- clinical examination
- history taking
- clinical findings and interpretation
- short-term management plan
- impact of illness on patient and family
- long term management plan

How to complete it

Step-by-step

Preparation

1. Trainees need to initiate the ITLCA with their supervisor/assessor, advising which learning goals require assessment.
2. The supervisor/assessor selects an appropriate consultation for assessment.
3. Trainees need to confirm that they agree to the chosen consultation.

Each assessment should represent a different clinical problem addressed in the learning goals.

4. Ensure the trainee and supervisor/assessor have a clear understanding of the purpose, process and outcomes they aim to achieve during the assessment.

Assessment | 90 minutes

5. Trainees begin with spending 60 minutes with the patient. During this time, the trainee completes a consultation form.

For observed ITLCAs only, the assessor observes the consultation and rates the trainee's performance on the [long case assessment rating form](#).

6. The trainee gives their completed consultation form to the assessor for them to read before the interview component begins.
7. For 20 minutes, trainees discuss the case with their assessor. The discussion begins with 2 to 3 minutes of the trainee summarising their clinical findings, history and brief management plan.

Discussion then switches to the trainee's analysis of the:

- problems
- disability
- rehabilitation issues relevant to the patient
- long-term rehabilitation management plan

The assessor can prompt for further information if required.

8. The assessor will make notes and rate the trainee's performance on the long case assessment rating form throughout the interview session.
9. Following the discussion of the case, the assessor will provide the trainee with feedback, which will cover how well they did and what areas need improvement.

If any significant areas of weakness are identified during the consultation, the trainee and supervisor/assessor should devise a remediation plan.

10. The trainee and assessor must sign the rating form.

Submit record

The completed [In-training long case assessments \(ITLCA\) form](#) should be submitted via [TMP](#) under the assessment requirements tab.

Trainees should select the ITCLA requirement and click 'Add Requirement' to submit their completed assessment.

For more information on how to submit an ITLCA review the [training resources](#).

Resources

[In-training long case assessments \(ITLCA\) form](#)

[Long case assessment matrix](#)

Progress report

Requirement

4 x progress reports per phase of training, minimum 1 every 3 months.

Refer to [RACP Flexible Training Policy](#) for further information on part-time training (item 4.2).

Description

A progress report is an assessment that documents trainees' and supervisors' assessment of trainee progress against the training program learning goals over a period of training.

Purpose

Progress reports assess knowledge and skill development, track progress against the phase criteria, and provide targeted feedback for improvement.

How to complete it

Progress reports are completed via [TMP](#) under the assessment requirements tab.

Trainees must:

- self-assess against the program's learning goals
- record any leave taken during the covered training period
- provide summary comments about the rotation

For more information on how to complete a progress report review the [training resources](#).

AFRM entry phase examination

Requirement

1 x AFRM entry phase examination, completed during the specialty entry phase.

Description

The AFRM entry phase examination is a 10-station objective structured clinical exam (OSCE), which has a combination of live and static stations.

The AFRM entry phase examination replaces the AFRM module 2 clinical assessment in 2025 for all trainees.

Eligibility

To be eligible to sit the examination, trainees must:

- be accepted in Rehabilitation Medicine Advanced Training in an accredited and/or approved training position or on an approved training interruption
- have current medical registration
- apply by the due date
- pay any outstanding College fees
- have not exceeded the exam attempt limits and comply with all other [Progression Through Training Policy](#) requirements.

Only trainees with no outstanding College fees are eligible to sit the exam. See [College Fees Terms and Conditions](#).

Examination attempt limits and progression

Trainees who started in 2025

Trainees are allowed three attempts to successfully complete the AFRM entry phase examination.

Trainees need to successfully complete the AFRM entry phase examination to progress into the specialty foundation phase.

Trainees who started in 2024

Trainees are allowed three attempts to successfully complete either the AFRM entry phase examination and/or the AFRM module 2 clinical assessment.

Trainees need to successfully complete either module 2 (2024) or the AFRM entry phase examination (2025 onwards) to progress into the specialty consolidation phase.

Purpose

The purpose of the AFRM entry phase examination is to assess trainee readiness for the next stage of their training by demonstrating competence in foundational concepts, clinical skills and knowledge as outlined in the rehabilitation medicine (adult) new curriculum.

How to complete it

For full assessment details including how to apply and prepare, what to expect on exam day, and the results process, see the [AFRM entry phase examination webpage](#).

AFRM fellowship written examination

Requirement

1 x AFRM fellowship written examination, completed during their specialty consolidation or transition to fellowship phase

Description

The fellowship written examination comprises of two papers:

- the modified essay question (Paper A)
- the multiple-choice question paper (Paper B)

All learning goals in the curriculum standards are assessable.

Eligibility

You may complete the fellowship written examination and fellowship clinical examination in any order.

To be eligible to sit the exam, you must:

- have completed specialty foundation phase of training
- apply by the due date

- pay any outstanding College fees
- not exceed the exam attempt limit and comply with all other [Progression Through Training Policy](#) requirements.

See [College Fees Terms and Conditions](#).

Examination attempt limits and progression

Trainees who started in 2024 onwards are allowed three attempts to successfully complete each paper of the AFRM fellowship written examination.

Trainees need to successfully complete both papers of the fellowship written examination to be eligible for admission to Fellowship.

Purpose

The purpose of the fellowship written examination is to assess a trainee's readiness for competent, independent practice as a Rehabilitation Medicine Physician.

- **The modified essay question paper** assesses application and integration of medical and rehabilitation knowledge and skills within the [Professional Practice Framework](#).
- **The multiple-choice question paper** assesses demonstration of a breadth of understanding and application of specific medical and rehabilitation knowledge.

How to complete it

For full assessment details including how to apply and prepare, what to expect on exam day, and the results process, see the [AFRM fellowship written examination](#) webpage.

AFRM fellowship clinical examination

Requirement

1 x AFRM fellowship clinical examination, completed during their specialty consolidation or transition to fellowship phase

Description

The fellowship clinical examination is a 10-station objective structured clinical exam (OSCE). All learning goals in the curriculum standards are assessable.

Eligibility

You may complete the fellowship written examination and fellowship clinical examination in any order.

To be eligible to sit the exam, you must:

- be accepted in Rehabilitation Medicine Advanced Training in an accredited and/or approved training position or on an approved training interruption
- have current medical registration
- have completed specialty foundation phase of training
- apply by the due date
- pay any outstanding College fees
- not exceed the exam attempt limit and comply with all other [Progression Through Training Policy](#) requirements.

See [College Fees Terms and Conditions](#).

Examination attempt limits and progression

Trainees are allowed three attempts to successfully complete the fellowship clinical examination.

Trainees need to successfully complete the fellowship clinical examination to be eligible for admission to Fellowship.

Purpose

The purpose of the AFRM fellowship clinical examination is to assess a trainee's readiness for competent, independent practice as a Rehabilitation Medicine Physician, through the demonstration, application and integration of medical and rehabilitation knowledge and clinical skills, within the [Professional Practice Framework](#).

How to complete the exam

For full assessment details including how to apply and prepare, what to expect on exam day, and the results process, see the [AFRM fellowship clinical examination](#) webpage.

Research project

Requirement

1 x research project over the course of Advanced Training.

Description

The research project should be one with which the trainee has had significant involvement in designing, conducting the research and analysing data. Trainees may work as part of a larger research project but must have significant input into a particular aspect of the study.

Research projects are not required to be specialty-specific but are required to be broadly relevant to trainees' area of specialty. Broadly relevant can be defined as topics that can enhance, complement and inform trainees' practice in the chosen specialty.

Three types of research projects are accepted:

- research in:
 - human subjects, populations and communities and laboratory research
 - epidemiology
 - education
 - leadership
 - medical humanities
 - areas of study which can be applied to care of patients or populations
- audit
- systematic review

The trainee must have a research project supervisor who may or may not be one of their rotation supervisors.

The research project is marked by the training committee as pass fail or resubmit and trainees receive qualitative feedback about their project. The research project should be submitted for marking by the end of the specialty consolidation phase to allow time for resubmission in the transition to Fellowship phase if the project is unsatisfactory.

Purpose

The research project enabled trainees to gain experience in research methods; in interpretation of research literature; in participation in research at some stage of their career; and to develop quality improvement skills. Submission of a research project provides evidence of the skills of considering and defining research problems; the systematic acquisition, analysis, synthesis and interpretation of data; and effective written communication.

How to complete it

Detailed information on how to complete the research project can be found in the [Advanced Training research project guidelines](#) and can be submitted via [TMP](#) under the assessment requirements tab.

For more information on how to submit an Advanced Training Research Project review the [training resources](#).

There are 3 deadlines that must be followed when submitting an Advanced Training Research Project. Trainees can choose to submit their Research Project on any of these 3 dates during the year.

Australia: 31 March, 15 June, or 15 September.

Aotearoa New Zealand: 31 March, 15 June, or 15 December.

Roles and responsibilities

Advanced Trainee

Role

A member who is registered with the RACP to undertake one or more Advanced Training programs.

Responsibilities

- Maintain employment in accredited training settings.
- Act as a self-directed learner:
 - be aware of the educational requirements outlined in the relevant curricula and education policies
 - actively seek and reflect on feedback from assessors, supervisors, and other colleagues
 - plan, reflect on, and manage their learning and progression against the curricula standards
 - adhere to the deadlines for requirements of the training program.
- Actively participate in training setting / network accreditation undertaken by the RACP.
- Complete the annual Physician Training Survey to assist the RACP and training settings with ongoing quality improvement of the program.

Rotation supervisor

Role

A consultant who provides direct oversight of an Advanced Trainee during a training rotation.

Responsibilities

- Be aware of the educational requirements outlined in the relevant curricula and education policies.
- Oversee and support the progression of Advanced Trainees within the setting:
 - Assist trainees to plan their learning during the rotation.
 - Support colleagues to complete observation captures with trainees.
 - Provide feedback to trainees through progress reports.
- Actively participate in rotation accreditation undertaken by the RACP.
- Complete the annual Physician Training Survey to assist the RACP and training settings with ongoing quality improvement of the program.

Assessor

Role

A person who provides feedback to trainees via the Observation Capture or Learning Capture tool. This may include consultants and other medical professionals, allied health professionals, nursing staff, patients and their families, administrative staff, and consumer representatives.

Responsibilities

- Be aware of the learning goals of the training program.
- Provide feedback to support the progression of Advanced Trainees within the setting:
 - Complete Observation Captures.
 - Provide feedback on Learning Captures as required.

Progress Review Panel

Role

A Progress Review Panel is a group convened to meet and make evidence-based decisions on trainees' progression through training.

Progress Review Panels ensure the integrity and transparency of progression and completion decisions related to Basic and Advanced Trainees.

Panels are considered experts in the training program, including the curriculum standards, requirements, and administration of the program.

Responsibilities

1. **Make decisions on progression** for all trainees in a training program. The panel will assess if trainees have met or are on track to meet the expected standard for their phase of training, including the completion of learning, teaching and assessment requirements.
2. **Manage trainee conditions to enable trainees to progress** by reviewing trainee performance. Where required, panels will set conditions for trainees to meet, with the goal of helping trainees achieve the program learning goals and progression or completion criteria.

Types of Progress Review Panels

There are two types of RACP Progress Review Panels:

- Primary panel: A primary Progress Review Panel is an RACP committee supported by an RACP staff member. Primary panels are existing Training Program Committees/Subcommittees and will have Progress Review Panel functions included as part of their operations and delegations.
- Secondary panel: These are local panels typically set up within a specific training setting, network, or geographic area. These panels will make progression decisions on behalf of the Training Program Committee and manage conditions placed on trainees.

Trainees will be able to review the panels they are assigned to in the TMP.

Trainee progress decisions, conditions and feedback

- Panels will monitor and review trainee progress and make a phase progression decision.
- Panels may add training conditions that trainees need to meet to progress in training or during their next phase of training.
- Trainees will be able to view progression decisions, conditions and panel feedback on the trainee progress tab in TMP.

RACP oversight committees

Role

RACP-administered committees with oversight of the Advanced Training Program in Australia and New Zealand. This includes the relevant training committee and/or Aotearoa New Zealand training subcommittee.

Responsibilities

- Oversee implementation of the Advanced Training program in Australia and Aotearoa New Zealand:
 - Manage and review program requirements, accreditation requirements, and supervision requirements.
 - Monitor implementation of training program requirements.
 - Implement RACP education policy.
 - Oversee trainees' progression through the training program.
 - Monitor the accreditation of training settings.
 - Case manage trainees on the Training Support pathway.
 - Review progression and certification decisions on application in accordance with the RACP Reconsideration, Review, and Appeals By-Law.
- Work collaboratively with secondary Progress Review Panels, where applicable, to ensure the delivery of quality training.
- Provide feedback, guidance, recommendations, and reasoning for decision making to trainees and supervisors.
- Declare conflicts of interest and excuse themselves from decision making discussions when conflicts arise.
- Report to the overseeing RACP committee as required.

Resources

See [RACP Online Learning](#) for new curricula training and support resources.

For trainees

- [Education policies](#)
- [Trainee support](#)
- [Trainee responsibilities](#)
- [Accredited settings](#)
- [Training fees](#)

For supervisors

- [Supervisor Professional Development Program](#)
- [RACP Research Supervision resource](#)
- [RACP Training Support resource](#)
- [RACP Creating a Safe Workplace resource](#)